

RCS4451

REHABILITATION ASPECTS OF SUBSTANCE ABUSE

FALL 2024, 3 CREDITS

Instructor: Mike Moorhouse, PhD
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Class Number: 22387

Lecture: Monday 935a-1130a; Wednesday 1040p-1130a
Location: Communicore M: C1-004; W: C1-015

Class Number: 29345

Lecture: Monday 1250p-245p; Wednesday 1250p-140p
Location: Communicore C1-015

Prerequisites: *Students must be either a Health Science, Communication Science, or Public Health major in the College of Public Health and Health Professions; completing a Public Health minor; or have instructor permission.*

COURSE OVERVIEW

This course will examine the primary determinants and outcomes associated with substance use from a rehabilitation perspective. We will explore how the evolving social climate has impacted our view of various substances and will examine use patterns and consequences of many illegal and legal substances. Upon successfully completing the course, students will be more aware of substance use behavior and the significance of social contexts related to addiction.

COURSE OBJECTIVES AND COMPETENCIES

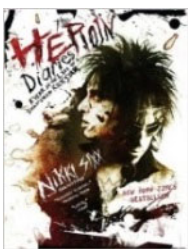
Upon successful completion of this course, the student will be able to:

- Identify common substances of abuse, their developmental effects, and the signs and symptoms of intoxication and withdrawal.
- Summarize current and historical perspectives on addiction and substance use.
- Summarize the sociopolitical circumstances that influence the past and future legality of drugs and alcohol.
- Outline emerging medical literature regarding marijuana, stimulants, psychedelics, and empathogens.
- Debate current “hot button” topics related to substance use.

INSTRUCTIONAL METHODS

The course is housed in Canvas, a UF e-Learning platform. This course uses face-to-face instruction to maximize learning. Regular class attendance, attentiveness, and engagement is critical to be successful in this course and it is also what makes this class useful for you. While course readings and class presentations are posted on Canvas, understanding the material requires active participation in class, group discussions, and detailed notetaking.

TEXTBOOK



The Heroin Diaries: A Year in the Life of a Shattered Rock Star

Author: Nikki Sixx

Publisher: New York: MTV Books

Publication Year: 2008

*Available on Kindle and iTunes

**Audiobook version is acceptable

TECHNOLOGY

Required Equipment: Computer with high-speed internet access and use of a supported browser. To access this course on Canvas, you will use your Gatorlink ID and password to login to the course. All exams will be taken in-person by way of your computer or tablet.

For technical support for this class, please contact the UF Help Desk by:

- Calling (352) 392-HELP (option 2), or
- Emailing learning-support@ufl.edu, or
- Going to lss.at.ufl.edu/help.shtml

ACADEMIC REQUIREMENTS

Syllabus Quiz (5 Points) - Students will complete a 5-question syllabus quiz as many times as needed to earn 100%.

Exams (54 Points) – Students will take 3, non-cumulative, multiple-choice exams (36 questions each) to assess their understanding of the material. All questions will be taken directly from lecture, PowerPoints, and assigned readings. Exams will be taken during class by way of computer or tablet (paper copies will be available).

Reaction Papers (12 Points) – During the semester, the class will participate in 7 “hot button” discussions. Following each discussion, students will submit a minimum 100-word reaction to a prompt provided by the instructor. Each reaction will count for 2 points however students only need to complete 6 reaction papers to receive full credit. Students completing all 7 reaction responses and earning full credit for each response, will earn 2 additional extra credit points. Only students who attend the discussion are eligible to complete a reaction, and each response will be due before midnight, the following day. Students with excused absences do not complete the response prompt given during class. Instead, excused students will be given an alternative assignment to make up the points.

Reflection Journal (8 Points) – Students will reflect on the Heroin Diaries book throughout the semester and respond to prompts provided by the instructor. Before each exam, students will submit their portion of the journal completed to date.

Attendance Checks (8 Points) – The instructor will give 5 random attendance checks throughout the semester. Each check will be worth 2 points and students only need to be present for 4 checks to receive full credit. No extra credit will be given for being present for all 5 attendance checks.

Public Service Announcement (8 Points) – Students will form into groups of up to 4 people and develop a 1 to 2-minute Public Service Announcement (PSA) related to drugs and/or alcohol. All students are expected to actively contribute to the development of the PSA. Further instructions are available on Canvas. Please note, points may be deducted from a student’s grade for failing to substantially contribute to the group and/or project.

Professionalism (5 Points) – The instructor reserves the right to deduct class points for unprofessional behavior including, but is not limited to, texting during class, repeatedly showing up late, distracting classmates, or using a computer, tablet, or cell phone when not authorized.

Any student caught cheating on an exam; submitting a reaction when they were not present for the in-class discussion or using assistive technology such as ChatGPT to aid in their reaction or journal responses; or falsifying attendance on behalf of another student or will, at minimum, be referred to the Dean of Students Office, receive a zero on the exam/reaction/attendance, and have a full-letter grade reduction for the class.

GRADING

The student’s final grade will be based on the number of points accumulated during the course:

Syllabus Quiz	05 Points	A	93-100 Points =	4.00
Exams (x3)	54 Points	A-	90-92.99 Points =	3.67
Reaction Responses (x6)	12 Points	B+	87-89.99 Points =	3.33
Heroin Diaries Journal	08 Points	B	83-86.99 Points =	3.00
Attendance Checks (x4)	08 Points	B-	80-82.99 Points =	2.67
PSA	08 Points	C+	77-79.99 Points =	2.33
Professionalism	05 Points	C	70-76.99 Points =	2.00
		D+	67-69.99 Points =	1.33
Total	100 Points	D	63-65.99 Points =	1.00
General Extra Credit	3 Points	D-	60-62.99 Points =	0.67
Reaction Response Extra Credit	2 Points	E	<60 Points =	0.00

Please see the UF Grading Policy for more information, please visit the undergraduate catalog at:

<http://www.registrar.ufl.edu/catalog/policies/regulationgrades.html>

CALENDAR

If you miss class, it is your responsibility to obtain notes, handouts, and summary of the lesson/class activities from the missed class. This course schedule is subject to revision. Confirm deadlines in class and always check Canvas for updates.

26-Aug	M	Syllabus Review
28-Aug	W	Drug Basics: Addiction Theory, Diagnostic Criteria, and Pharmacokinetics/Pharmacodynamics
2-Sep	M	<i>No Class – Labor Day</i>
4-Sep	W	Discussion: Addiction as a Disease
9-Sep	M	The Long Strange History of How Drugs Became Illegal in the US
11-Sep	W	The Legislative Side of the “War on Drugs”
16-Sep	M	The Human Side of the “War on Drugs” / Discussion: Prosecuting Pregnant Drug Users
18-Sep	W	Addiction and the Family
23-Sep	M	Exam 1 (Including Heroin Diaries pages 1–139; December 1986–April 1987)
25-Sep	W	Opioids
30-Sep	M	How Prescription Opioids Spiraled Out of Control / Discussion: Let’s Talk About Nikki
2-Oct	W	Binge Drinking and the Consequences of Hazardous Drinking on College Campuses
7-Oct	M	Alcohol and The Formation of MADD
9-Oct	W	Tobacco
14-Oct	M	Master Settlement Agreement / Discussion: Is Vaping Harm Reduction
16-Oct	W	Exam 2 (Including Heroin Diaries pages 140–261; May 1987–August 1987)
21-Oct	M	Marijuana / Discussion: Legalizing Marijuana at the Federal Level
23-Oct	W	Stimulants: Cocaine and Methamphetamine
28-Oct	M	Movie: Cocaine Cowboys
30-Oct	W	Discussion: Can You Help Someone Who Doesn’t Want to be Helped?
4-Nov	M	Psychedelics: LSD, Psilocybin, Ayahuasca
6-Nov	W	Dissociatives: Ketamine
11-Nov	M	<i>No Class - Veteran’s Day</i>
13-Nov	W	Empathogens: MDMA
18-Nov	M	Discussion: Let’s Talk About Nikki...Again / PSA DUE
20-Nov	W	Exam 3 (Including Heroin Diaries pages 232–393; September 1987–December 1987)
25-Nov	M	<i>No Class - Thanksgiving</i>
27-Nov	W	<i>No Class - Thanksgiving</i>
2-Dec	M	Public Service Announcements Presentations
4-Dec	W	Class Wrap Up

*****Schedule is subject to change in the event of extenuating circumstances. Any changes will be announced in class, and the student is personally responsible for obtaining updated information regarding those changes.***

POSITIONALITY STATEMENT

As a white, heterosexual, cisgender, able-bodied male, I recognize that my privilege insulates me from experiencing social and systemic discrimination, racism, oppression, rejection, or micro aggressions that many people have and continue to experience in their daily lives. This privilege is an inescapable part of my “identity” – something that has allowed me to never have to prove myself because of my sex or be uneasy walking into a room where no one looks like me or deny my authentic self for fear that family and friends will reject me. Moreover, my privilege has allowed me to navigate life largely unaffected by discriminatory practices, prejudicial policies, and implicit/explicit bias.

My lens, my values, my motivations have all been heavily influenced by my upbringing and my own lived experiences related to self-worth and inferiority. It is these experiences that drive me to champion diversity, equity, and inclusion inside and outside the classroom. I believe that we are all an intersection of vertical and horizontal identities that should be celebrated and affirmed, rather than hidden or oppressed. To that end, I strive to make safe and affirming spaces for all students regardless of race, ethnicity, sexual orientation, gender identity, or disability status; and hope to grow by becoming more educated and better understanding of the impact of social injustices.

PROFESSIONALISM

Students are expected to conduct themselves in a professional manner in all communication with the course instructor. Moreover, students are expected to arrive to class on-time, turn off all computers and cell phones, and conduct themselves accordingly (e.g., no excessive talking during class, cell phone use, or distracting classmates).

ACADEMIC INTEGRITY POLICY

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.”

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”

It is your responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior. Violations of the Honor Code at the University of Florida will not be tolerated and will be reported to the Dean of Students Office for consideration of disciplinary action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Code: www.dso.ufl.edu/sccr/process/student-conduct-honor-code/.

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

RECORDING POLICY

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

A “class lecture” is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session.

Publication without permission of the instructor is prohibited. To “publish” means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third-party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.

COLLABORATION POLICY

Unless otherwise stated explicitly by written instructions, the preparation of all coursework should be done individually. If you are unsure about what level of collaboration is appropriate, ask the instructor before beginning any graded assignment.

TECHNOLOGY POLICY

The use of any technology, including cell phones, computers, tablets, etc., at any point during class, except exams, is strictly prohibited unless otherwise approved by the instructor. Should you need to keep your cell phone on hand due to a personal reason, please inform the instructor prior to class.

LATE SUBMISSION POLICY

Late submissions for Reaction Responses will not be accepted and result in a 0. It is your responsibility to ensure that your assignments have been properly submitted to Canvas on time. If you submit the wrong assignment, the assignment will be considered as a no submission. Canvas allows you to resubmit the correct assignment before the deadline.

MAKE-UP POLICY

Make-ups may be granted based upon the following circumstances: (a) illness, (b) serious family emergencies, (c) military obligation, (d) religious holidays, (e) participation in official university activities, or (f) court-imposed legal obligations. For circumstances a. and b., students must contact the faculty via email within 48 hours of the missed exam/assignment, and the faculty may request the student provide medical or other forms of documentation to validate the make-up.

For all other circumstances, students must contact the faculty at least 3 days prior to the anticipated missed day and provide reasonable documentation confirming the obligation/activity. Assignments are published at the beginning of the class and therefore students have ample time to complete assignments around anticipated obligations/activities.

Missed exams/assignments due to severe weather will be reviewed on a case-by-case basis. If you are unable to access consistent internet, please email the instructor ahead of time (if possible); otherwise email the instructor at the earliest time possible.

INCLUSIVE LEARNING ENVIRONMENT POLICY

The College of Public Health and Health Professions believes in human dignity and respect for the individual. As we share our personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels valued. We believe in, and promote, openness and tolerance of differences in ethnicity and culture, and we respect differing personal, spiritual, religious, and political values. We further believe that celebrating such diversity enriches the quality of the educational experiences we provide our students and enhances our own personal and professional relationships. We embrace The University of Florida's Non-Discrimination Policy, which reads, "The University shall actively promote equal opportunity policies and practices conforming to laws against discrimination. The University is committed to non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, gender identity and expression, marital status, national origin, political opinions or affiliations, genetic information and veteran status as protected under the Vietnam Era Veterans' Readjustment Assistance Act." If you have questions or concerns about your rights and responsibilities for inclusive learning environment, please see your instructor or refer to the Office of Multicultural & Diversity Affairs website: www.multicultural.ufl.edu.

ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES

If you require classroom accommodation because of a disability, it is strongly recommended you register with the Dean of Students Office <http://www.dso.ufl.edu> within the first week of class or as soon as you believe you might be eligible for accommodations. The Dean of Students Office will provide documentation of accommodations to you, which you must then give to me as the instructor of the course to receive accommodations. Please do this as soon as possible after you receive the letter. Students with disabilities should follow this procedure as early as possible in the semester. The College is committed to providing reasonable accommodations to assist students in their coursework.

COUNSELING & WELLNESS

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues. If you find yourself facing issues that have the potential to or are already negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

- The **Counseling and Wellness Center** 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: <http://www.counseling.ufl.edu>. On line and in person assistance is available.
- **U Matter We Care** website: <http://www.umatter.ufl.edu/>. If you are feeling overwhelmed or stressed, you can reach out for help through the You Matter We Care website, which is staffed by Dean of Students and Counseling Center personnel.
- The **Student Health Care Center** at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627

or check out the web site at: <https://shcc.ufl.edu/>

- Crisis intervention is always available 24/7 from: Alachua County Crisis Center: (352) 264-6789 <http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx>
- **University Police Department:** [Visit UF Police Department website](#) or call 352-392-1111 (or 9-1-1 for emergencies).
- **UF Health Shands Emergency Room / Trauma Center:** For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; [Visit the UF Health Emergency Room and Trauma Center website](#).

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.

ADDITIONAL ACADEMIC RESOURCES

- [Career Connections Center](#): Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.
- [Library Support](#): Various ways to receive assistance with respect to using the libraries or finding resources.
- [Teaching Center](#): Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.
- [Writing Studio](#): 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.
- Student Complaints On-Campus: [Visit the Student Honor Code and Student Conduct Code webpage for more information](#).
- On-Line Students Complaints: [View the Distance Learning Student Complaint Process](#).

POLICY RELATED TO GUESTS ATTENDING CLASS

Only registered students are permitted to attend class. However, we recognize that students who are caretakers may face occasional unexpected challenges creating attendance barriers. Therefore, by exception, a department chair or his or her designee (e.g., instructors) may grant a student permission to bring a guest(s) for a total of two class sessions per semester. This is two sessions total across all courses. No further extensions will be granted. Students are responsible for course material regardless of attendance. For additional information, please review the Classroom Guests of Students policy: <http://facstaff.php.ufl.edu/services/resourceguide/getstarted.htm>

ONLINE FACULTY COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give professional and respectful feedback is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available at <https://gatorevals.aa.ufl.edu/public-results/>.