

University of Florida
College of Public Health & Health Professions Syllabus
HSC 4600: Psychiatric Disorders (3 credit hours)
Semester: Spring 2018
Delivery Format: On-Campus (HPNP G-103)
Tuesday Period 10-11 (5:10pm-6:40pm)
Thursday Period 10-11 (5:10pm-6:40pm)
Course Website or E-Learning <https://ufl.instructure.com/courses/348350>

Instructor Name: Glenn S. Ashkanazi, PhD
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Email Address: Glenna@phhp.ufl.edu
Office Hours: by appointment (most likely to be available before or after class)
Teaching Assistants: Sara Voorhees; Vivian Baumann
Preferred Course Communications: email through e-learning (<http://elearning.ufl.edu>)

Prerequisites

PSY 2012 General Psychology

PURPOSE AND OUTCOME

Course Overview:

The purpose of this course is to provide an overview of the varieties of disordered experience and conduct and how these influence personal and social adjustment. The course will focus on the description of various psychological disorders as defined by the *DSM-5*. Emphasis will be placed on the etiology, development, course, and treatment of psychopathology. Current theory and research will also be explored.

Course Objectives and/or Goals

By the end of the semester students should have an understanding of:

- 1) Abnormal behavior in a historical context, including social and cultural influences on the conceptualization and treatment of mental disorders
- 2) The conceptual basis for major models of mental illness
- 3) The current system for the classification and assessment of mental disorders
- 4) The behaviors and symptoms necessary for the diagnosis of mental disorders
- 5) The biochemical, gender, cultural, and environmental factors which predispose individuals toward mental disorders and impact prognosis
- 6) The different approaches used in treating mental illness
- 7) Major legal and ethical issues influencing the treatment of mental illness

Instructional Methods

Lecture, class discussion, and small- group and individual work will comprise the majority of class sessions. The role of the instructors will be to: present an overview of relevant topics, provide additional reading material and learning resources with up-to-date research findings, facilitate discussion of selected topics, and provide timely feedback. Expectations for students are to attend class fully prepared, participate in class discussions, and read assigned materials prior to class in preparation for lecture.

Canvas

Canvas is the course management system that you will use for this course. Canvas is accessed by using your Gatorlink account name and password at elearning.ufl.edu. There are several tutorials and student help links on the Canvas login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu. You are responsible for checking your account prior to each class to determine how you should prepare for the upcoming class.

DESCRIPTION OF COURSE CONTENT

Topical Outline/Course Schedule

Class	Date(s)	Topic(s)	Readings
1	Jan 9	Introduction / Overview; Abnormal Psychology, Past and Present	Chapter 1
2	Jan 11	Research in Abnormal Psychology	Chpt 2
3	Jan 16	Models of Abnormality	Chpt 3
4	Jan 18	Assessment / Diagnosis / Treatment	Chpt 4
5	Jan 23	Assessment / Diagnosis / Treatment	Chpt 4
6	Jan 25	EXAM 1	
7	Jan 30	Anxiety Disorders	Chpt 5
8	Feb 1	Stress Disorders	Chpt 6
9	Feb 6	Mood Disorders	Chpt 7
10	Feb 8	Mood Disorders	Chpt 7
11	Feb 13	Treatments for Mood Disorders	Chpt 8
12	Feb 15	EXAM 2	
13	Feb 20	Suicide	Chpt 9
14	Feb 22	Eating Disorders	Chpt 11
15	Feb 27	Eating Disorders	Chpt 11
16	March 1	Psychopharmacology	
17	March 6	SPRING BREAK	
18	March 8	SPRING BREAK	
19	March 13	Substance-Related Disorders	12
20	March 15	Substance-Related Disorders	12

Class	Date(s)	Topic(s)	Readings
21	March 20	EXAM 3	
22	March 22	Schizophrenia	14
23	March 27	Treatment for Schizophrenia	15
24	March 29	Personality Disorders	16
25	April 3	Personality Disorders	16
26	April 5	Childhood Disorders	17
27	April 10	Childhood Disorders	17
28	April 12	EXAM 4	
29	April 17	Disorders of Aging and Cognition	18
30	April 19	Law, Society, and the Mental Health Profession	19
31	April 24	TBA-- Last Class (Learning Disorders?)	
	FINAL	EXAM 5 (Optional)	

*Scheduled presentations are subject to change with prior notice from the instructor.

**Information about quizzes is available under the Resources tab of the class Canvas site.

Course Materials

Comer, Ronald J. (2015). Abnormal Psychology (9th ed.). New York: Worth Publishers.

ACADEMIC REQUIREMENTS AND GRADING

Total points = 500 (Lowest grade among exams and total quizzes can be dropped)

Grading

Requirement	Due date	Points
Exam 1	January 25, 2018	100 pts
Exam 2	February 15, 2018	100 pts
Exam 3	March 20, 2018	100 pts
Exam 4	April 12, 2018	100 pts
Quizzes	Each class	100 pts (quizzes 4.17 pts each)
Exam 5 (optional)	Final Exam Date	(100 pts)
Can drop lowest test		Class total = 500 pts

Point system used (i.e., how do course points translate into letter grades).

Points earned	558-600	540-557	522-539	498-521	480-497	462-479	438-461	420-437	402-419	378-401	360-377	<360
Percent	93-100%	90-92%	87-89%	83-86%	80-82%	77-79%	73-76%	70-72%	67-69%	63-66%	60-62%	<60%
Letter Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E

Please be aware that a C- is not an acceptable grade for graduate students. In addition, a grade of C counts toward a graduate degree only if an equal number of credits in courses numbered 5000 or higher has been earned with an A.

Letter grade to grade point conversions are fixed by UF and cannot be changed.

Letter Grade	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	WF	I	NG	S-U
Grade Points	4.0	3.67	3.33	3.0	2.67	2.33	2.0	1.67	1.33	1.0	0.67	0.0	0.0	0.0	0.0	0.0

For greater detail on the meaning of letter grades and university policies related to them, see the Registrar's Grade Policy regulations at:

<http://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

Class attendance is considered an integral part of the learning experience as class discussions and lectures will include valuable material covered in the examinations that is not otherwise covered in the textbook. While class attendance will not be taken, 20% of your final grade will come from **in-class quizzes** (*you must be in class physically in order to take the online quiz*). Thus, students are expected to attend all classes and participate in class discussions to have exposure to this information. Quizzes missed due to **unexcused absences** will be given a zero. If students must be absent, they will be responsible for any missed material by acquiring lecture notes from other students who attended. You can expect that class slides will, in most cases, be on Canvas, however, not every lecture has slides that will accompany it and not all information will be on slides. Some material presented in lectures will not be in the texts and will be included on examinations. Thus, reduced attendance can be expected to result in a lower course grade.

We understand that many students will have extenuating circumstances throughout the semester. Should this occur, it is the student's responsibility to be proactive in addressing their situation with the instructors. If you believe you have a legitimate reason for missing class, you may request an extension from the instructors **before the missed class**. Should that not be physically possible, students should contact the instructor with documentation of their difficulty immediately. Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

View the UF policies regarding medical excuse from classes at:

<http://shcc.ufl.edu/forms-records/excuse-notes/>

STUDENT EXPECTATIONS, ROLES, AND OPPORTUNITIES FOR INPUT

Expectations Regarding Course Behavior

Class participation: As Psychiatric Disorders is a thought provoking topic and often leads to interesting discussions about the topics covered within this course, student participation is expected. We expect each individual to contribute throughout the semester and will monitor ongoing student participation. Remember: There are no “stupid questions” and one of the most powerful ways to learn is in the moment by interacting with your instructors and classmates.

Make-up work: If you must miss an exam because of a foreseeable conflict (i.e., professional conference, athletic competition, religious observance, etc.) you are expected to notify us immediately to set-up alternative arrangements *prior* to the exam date. If a student is not in class for an exam due to an illness or medical emergency, they will be required to provide a statement from their healthcare provider documenting the illness or medical emergency. Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found in the online catalog at: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

Professional behavior: Professional behavior is expected in the classroom at all times. This includes arriving to class promptly and staying until the end of class, avoiding any form of classroom disruption, and treating the instructor and peers with respect.

Use of computers/technology: Before class starts, you are welcome to use computers to check email, play games, and any other personal purpose consistent with college policies. Once class starts, you must close (not just minimize) all programs and windows not being used for class purposes. This includes instant messaging, chats, email, games, websites that are not being used directly for class, and others. If you use computers in a manner contrary to the directions of the syllabus and/or instructor, you may be asked to leave the class for the day.

Use of cell phones: Cell phones are distracting. Cell phones must be placed on silent or turned off during class. Any use of a cell phone during class (i.e., chatting, texting) will be considered a violation of this policy as it disrupts other students from learning. Students who violate this policy will be asked to leave and will lose 1% of their participation grade per violation. Please speak to the instructors prior to the beginning of class if you experience an emergency that requires you to leave the room to take a phone call.

Food/Drink: To the extent permitted by facility rules and restrictions, you may bring food and/or beverages to class as long as it does not interfere with your ability to work and/or participate in class and as long as it does not interfere with or your classmates’ ability to work and participate in class. You will be expected to clean-up after yourself and dispose of all trash before leaving the classroom.

Academic Integrity

Students are expected to act in accordance with the University of Florida policy on academic integrity. As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.”

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied:

“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”

It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For additional information regarding Academic Integrity, please see Student Conduct and Honor Code or the Graduate Student Website for additional details:

<https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>

<http://gradschool.ufl.edu/students/introduction.html>

Please remember cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior.

Online Faculty Course Evaluation Process

Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at <https://evaluations.ufl.edu>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results/>. If the class response rate for the course evaluation is 80% or greater than each student in class will receive an additional 5 (five) points to their grade.

SUPPORT SERVICES

Accommodations for Students with Disabilities

If you require classroom accommodation because of a disability, you must register with the Disability Resource Center (DRC) <http://drc.dso.ufl.edu> , or call 352-392-8565, within the first week of class to schedule an intake appointment. You will need to bring documentation of disability with you to that appointment. All students must meet with a DRC staff member to arrange accommodations. The DRC will provide you with an accommodation letter that should be provided to me (your instructor) within the first two weeks of class. The College is committed to providing reasonable accommodations to assist students in their coursework.

Counseling and Student Health

Students sometimes experience stress from academic expectations and/or personal and interpersonal issues that may interfere with their academic performance. If you find yourself facing issues that have the potential to, or are already, negatively affecting your coursework, you are encouraged to talk with an instructor and/or seek help through University resources available to you.

- The UF Counseling and Wellness Center 352-392-1575 offers a variety of support services such as psychological assessment and intervention and assistance for math and test anxiety. Visit their web site for more information: <http://www.counseling.ufl.edu>. On line and in person assistance is available.
- Your well-being is important to the University of Florida. The **U Matter, We Care** initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for one another and to reach out for help if a member of our community is in need. If you or a friend is in distress, please contact <http://www.umatter.ufl.edu> so that the U Matter, We Care Team can reach out to the student in distress. A nighttime and weekend crisis counselor is available by phone at 352-392-1575. The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing staff, and the Counseling and Wellness Center. Please remember that asking for help is a sign of strength. In case of emergency, call 9-1-1.
- Crisis intervention is always available 24/7 from:
Alachua County Crisis Center
(352) 264-6789
<http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx>

Do not wait until you reach a crisis to come in and talk with us. We have helped many students through stressful situations impacting their academic performance. You are not alone so do not be afraid to ask for assistance.
